



# February

WHAT'S IN SEASON?

## Fruits

Clementines  
Grapefruit  
Lemons  
Oranges  
Pears  
Shallots  
Sweet Potatoes  
Tangelos  
Tangerines  
Turnips  
Rhubarb

## Veggies

Arugula  
Asparagus  
Beets  
Bok choy  
Broccoli  
Brussels Sprouts  
Cabbage  
Cauliflower  
Carrots  
Celery  
Cilantro  
Dill  
Fennel  
Kale  
Lettuce  
Leeks  
Onions  
Parsnips  
Shallots  
Sweet Potatoes  
Turnips  
Rhubarb

